

# ANTIBIOTIC RESISTANCE WHAT HEALTH WORKERS CAN DO



Antibiotic resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause.



- 1 Prevent infections by ensuring your hands, instruments and environment are clean
- 2 Keep your patients' vaccinations up to date
- 3 If you think a patient might need antibiotics, where possible, **test to confirm** and find out which one
- 4 Only prescribe and dispense antibiotics when they are **truly needed**
- 5 Prescribe and dispense the **right antibiotic at the right dose for the right duration**

[www.who.int/drugresistance](http://www.who.int/drugresistance)

**#AntibioticResistance**



World Health  
Organization